

Sept. 2025
Edition

UNIVERSITY OF WASHINGTON CONTINUING MEDICAL EDUCATION

NEWSLETTER

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WELCOME

As we move into September, there's a familiar energy that comes with the start of fall in Seattle — crisp mornings, golden light, and the excitement of a new academic season. It's a natural moment to reflect on recent accomplishments and look ahead to what's next.

Our team just finished leading our largest program of the year, which brings together faculty, clinicians, and learners from across the region to share knowledge and advance patient care.

Looking forward, we are excited to share a robust lineup of fall CME opportunities, from focused clinical updates to interprofessional learning programs. Whether you're joining us in person or online, we invite you to explore the offerings that best fit your practice and professional growth.

We remain grateful for your commitment to lifelong learning and for being part of our CME community. Feel free to follow us on [LinkedIn](#).

Warm regards,

Jessica

Executive Director, Continuing Medical Education
University of Washington School of Medicine

CONFERENCE SPOTLIGHT

2nd Interstitial Lung Disease Summit for Primary Care 2025

Primary Care providers are on the front lines of recognizing and managing interstitial lung disease (ILD). This one-day summit is designed to equip and empower primary care providers with the latest insights and tools to improve patient care.

The University of Washington School of Medicine is proud to host the 2nd Interstitial Lung Disease Summit for Primary Care where a multidisciplinary team of experts will come together to share practical strategies for diagnosing, managing, and supporting patients with ILD. Thanks to generous grant funding, this summit is **free to UW faculty and staff**, making it an exceptional opportunity for professional development and collaboration.

Led by course chairs, **Dr. Ganesh Raghu and Dr. Bridget Collins**, the summit features a robust agenda including:

- **Clinical updates** on ILD subtypes, imaging, and acute exacerbations
- **Environmental and occupational factors** influencing ILD
- **Genetics and biology** from bench to bedside
- **Practical strategies** for home exercise, palliative care, and multidisciplinary collaboration

Attendees will benefit from engaging lectures, panel discussions, and a networking reception to close the day. Whether you're new to ILD or looking to deepen your expertise, this summit offers a comprehensive and accessible learning experience tailored for primary care.

PROGRAM HIGHLIGHTS

53rd Annual Advances in Family Medicine and Primary Care happened last week!

This year's conference brought together a vibrant and diverse community of primary care professionals for five days of cutting-edge education, collaboration, and innovation from across the country. The hybrid format allowed for broad participation, with a total of **294 attendees**:

- **139 attended in person**
- **155 attended virtually**

Educational Highlights

Participants earn up to **35.5 CME Credits** and **28.25 AAFP Prescribed Credits** through sessions covering:

- Prenatal and postpartum care
- Dermatology and infectious disease updates
- Diabetes and lipid management
- Rheumatology, nephrology, and cardiology
- Gender-diverse patient care and health equity
- Treatment-resistant depression and integrative medicine

Breakout sessions offered hands-on training in:

- Dermoscopy
- Acupuncture
- Musculoskeletal exams
- IUD insertion and endometrial biopsy

Engagement & Accessibility

Our programming offered multiple modes of engagement, including live polling and Q&A through Slido, along with a hybrid format that supports accessibility and inclusivity for all

participants. Extended viewing options were provided to ensure flexibility for those unable to attend any portion of the conference live.

UPCOMING CME COURSES

- [16th Annual Comprehensive Hematology & Oncology Review Course](#) | October 6 – 10, 2025 | Bell Harbor International Conference Center (In-Person)
- [Updates in Hospital Medicine 2025](#) | October 16 - 17, 2025 | Virtual via Zoom Webinar
- [10th Annual Lead Management Update Symposium](#) | October 18, 2025 | South Lake Union Campus (In-Person)
- [2nd Interstitial Lung Disease Summit for Primary Care](#) | November 8, 2025 | South Lake Union Campus (In-Person)

 **Explore Our Offerings:** [Visit our CME portal](#)

JOINT PROVIDERSHIP HIGHLIGHT

Discover Immersive Explorations: A CME Experience in Italy

We're excited to introduce a new kind of CME opportunity—Immersive Explorations, a week-long program in Italy designed for health professionals who want to go beyond the screen and into the field.

Unlike traditional online CME, this program offers a unique chance to travel through Italy alongside UW researcher Dr. Kerry Reding and Sardinian guide Dr. Ivo Pirisi. Together, participants will explore how Italians have achieved lifespans significantly longer than those of Americans.

Through engaging workshops and immersive experiences, participants will gain insights into the key factors behind these outcomes—nutrition, physical activity, and strong social connections. The program includes time spent in local villages, where participants will interact with families and observe the daily rituals, diets, and cultural practices that have supported long, healthy lives for generations.

The experience culminates in translating these scientific and cultural insights into practical strategies that can be applied in clinical practice.

To learn more, visit [Immersive Explorations](#)

ACCREDITATION CORNER

Did You Know? | Myth vs. Fact

Myth: CME is expensive and hard to track.

Fact: Starting January 1, 2024, UW faculty and staff have access to department accredited education, many of which are free to attend and free to claim credit. This occurs through a

one-stop platform (CloudCME) which simplifies everything— attendance, transcripts, disclosures, conflict mitigation, and more. You can even text attendance.

Myth: Accreditation is only about compliance.

Fact: ACCME accreditation supports lifelong learning and professional development. It's not just about checking boxes—it's about empowering clinicians to deliver better care. UW CME is working to make it easier than ever to engage in meaningful, accredited education that impacts the work that we do and the patients that we serve.

Myth: CME activities only count if they're in-person.

Fact: ACCME-accredited CME can be delivered in many formats—live, online, hybrid, or enduring materials. At UW, our programs support quick access, online registration, and virtual participation, making it easier than ever to earn credit from anywhere.

Myth: Once a CME activity is accredited, it never needs to be reviewed again.

Fact: ACCME requires ongoing monitoring and evaluation of CME activities to ensure they continue to meet standards. At UW, we use CloudCME to streamline the process, helping us continuously improve the quality and impact of our educational offerings and ensure compliance.

RESOURCES

Are you a licensed MD in Washington State? SIGN UP FOR THE HEALWA LIBRARY

TODAY! All licensed physicians in Washington State have access to HEALWA, an online library of evidence-based resources including journal articles, patient education, ebooks and databases. HEALWA (<https://heal-wa.org/>) was created by the Washington State Legislature to improve patient care in Washington State. HEALWA provides access to the premier medical journal in the United States: Journal of the American Medical Association (JAMA), maintains a document delivery service to obtain requested articles HEALWA does not subscribe to, and provides online training to allow users to take advantage of resources to assist with patient care decisions.

Sign up today and start using HEALWA at: <https://heal-wa.org/help/getting-started/>

Review the flyer [here](#). Questions? Contact Tania Bardyn at bardyn@uw.edu.

TRIVIA: DID YOU KNOW?

Last month's question: How many years of accreditation experience combined do you think the CME staff has?

ANSWER – The CME staff brings a **combined 43 years** of accreditation experience to the table!

This impressive number isn't just a statistic — it's a testament to the deep institutional knowledge, dedication, and expertise our team brings to supporting high-quality continuing medical education. Whether navigating complex accreditation standards, designing

impactful learning experiences, or ensuring compliance with evolving guidelines, our staff's decades of experience are a powerful asset.

With this level of experience, we're not just meeting expectations — we're setting the standard for excellence in educational support.

CONTACT US

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